



Health support

Giving you direct access to health professionals

When you have a health concern or question, there's little more reassuring than speaking to somebody in the know. So, we make sure you always have access to our health professionals.

24/7 health support line

No worry is too small - if it matters to you, it matters to us. If you have a question about your health, don't wait and worry. Access the 24/7 health support line and speak to one of our team of experienced health professionals, day and night.

Our team of experienced health professionals include nurses, midwives, counsellors, and pharmacists.

Get clear health information you can trust, supported by clinical evidence, to point you to services where you can get the care you need.

How to access:

Call **0800 027 1393**

Dedicated nurse service

If you're diagnosed with cancer or a heart condition we can put you in touch with our Dedicated nurse service, to answer any questions you have.

Access genuine help, support and understanding from friendly, qualified nurses.

Our specialist heart and cancer nurses are available 9am to 5pm, Monday to Friday. Outside of these hours, our experienced nurses, counsellors and pharmacists provide round the clock support by phone through our 24/7 health support line.

How to access:

Call our claims line on **0800 068 7111** (9am to 8pm, Monday to Friday and 9am to 5pm, Saturday) and a member of the team will put you in touch with a nurse on diagnosis. Outside these hours our experienced nurses provide support via our 24/7 health support line.

Online health centre

Access helpful online health centres bringing together the latest information from our own experts, specialist organisations and NHS resources.

Topics cover a broad spectrum from ageing well, fitness and exercise, through to specific conditions and illnesses such as cancer, mental health, and diabetes.

Put your questions to our health professionals.

How to access:

Visit **axahealth.co.uk/staying-healthy**