

## Keeping you moving

Telephone access to qualified expert physiotherapists without the need to see a GP first.

The Working Body team will assess your muscle, bone or joint symptoms, establish what you need and work out the best treatment plan.

This could include:

- Supported self-management.
- A course of treatment with a physiotherapist or osteopath.
- An imaging referral or a referral to a specialist or consultant.

## How to access Call the PHC claims line on 0800 068 7111

They'll check you're covered and refer you through to the Working Body team.

## **Benefit from:**



Access to experienced physiotherapists.



Hassle-free phone consultations in a location that suits you.



Saving time through convenient appointment slots.



Early intervention and treatment, without needing to see a GP first.



Reassurance that you'll have all the follow-up support needed.

## Good to know

- The Working Body service is available to PHC members aged 18 and over only.
- Monetary and session limits may apply, dependent on the plan you're covered on.
- For more details on the service, please refer to your Membership Handbook.



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