# **Health Support**

Giving you direct access to health professionals

When you have a health concern or question, there's little more reassuring than speaking to somebody in the know. So, we make sure you always have access to our health professionals.

#### **Benefit from:**



## 24/7 Health Support Line

No worry is too small - if it matters to you, it matters to us. If you have a question about your health, don't wait and worry. Access the 24/7 Health Support Line and speak to one of our team of experienced health professionals, day and night.

Our team of experienced health professionals include nurses, midwives\*, counsellors, and pharmacists\*.

Nurses and counsellors available 24/7.

\*Midwives and pharmacists available: 8am to 8pm Monday to Friday, 8am to 4pm Saturday and 8am to 12pm Sunday.

Get clear health information you can trust, supported by clinical evidence, to point you to services where you can get the care you need.



Ongoing reassurance and support from day one.

- If you're diagnosed with cancer or a heart condition we can put you in touch with our Dedicated Nurse service, to answer any questions you have.
- Access genuine help, support and understanding from friendly, qualified nurses.
- Our specialist heart and cancer nurses are available 9am to 5pm, Monday to Friday. Outside of these hours, our experienced nurses, counsellors and pharmacists provide round the clock support by phone - 24 hours a day, 365 days a year.



Convenient online health information. Access helpful online health centres bringing together the latest information from our own experts, specialist organisations and NHS

- resources.
- health, and diabetes.



### **Online Health Centre**

 Topics cover a broad spectrum from ageing well, fitness and exercise, through to specific conditions and illnesses such as cancer, mental

• Put your questions to our health professionals.

# How to access

24/7 Health Support Line Call 0800 027 1393

### **Dedicated Nurse Service**

Call our claims line on 0800 068 7111 (9am to 5pm, Monday to Friday) and a member of the team will put you in touch with a nurse on diagnosis. Outside of these hours our experienced nurses provide round the clock support by phone on 0800 027 1393.

**Online health hub** Visit axahealth.co.uk/health-information

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